

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 3 (Warmup 3.35 - 4.35)

**Event 108 Women 12 & Over 1500 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	
<b>Heat 4 of 4 Finals Starts at 04:40 PM</b>					
1	Cummer, Megan	17	Mt Kelly	17:57.78	___
2	Wiseman Lee, Thea	16	Teddington	17:53.12	___
3	Mitchell, Abby	18	Swansea Uni	16:59.91	___
4	John, Emilia	17	Co Cardiff	16:49.00	___
5	Forwood, Emily	20	Swansea Uni	16:51.30	___
6	Slinn, Esmee	15	EllesmereCSA	17:34.10	___
7	Latimer-Hicks, Madelyn	20	Dinnaton	17:56.34	___
8	Kugeler, Emma	15	Mt Kelly	17:59.45	___

**Event 101 Men 12 & Over 50 SC Meter Breaststroke**

Lane	Name	Age	Team	Prelims	
<b>Heat 1 12-13 Finals Starts at 05:00 PM</b>					
1	Catchpole, Charlie	13	Anaconda	35.85	___
2	Jones, Noah	13	Torfaen D	35.58	___
3	Woodrow, Leo	13	TauntonDeane	35.06	___
4	Murphy, Heath	13	Nuneaton	33.58	___
5	Castillo, Airam	13	Co Cardiff	34.22	___
6	Taylor, Nicholas	13	Torfaen D	35.36	___
7	Weiland, Lennart	13	Teddington	35.66	___
8	Hernandez Taylor, Boaz	13	Hackney	35.85	___

**Alternates 12-13**

1	Volasek, Noah	13	Co Cardiff	35.87	
---	---------------	----	------------	-------	--

**Heat 2 14-15 Finals Starts at 05:02 PM**

1	Neaves, Jake	15	EllesmereCSA	32.72	___
2	Song, Guangping	15	EllesmereCSA	32.58	___
3	Phillips, Finley	14	Nofio S Gar	32.24	___
4	James, Rhys	15	Rct Squad	31.39	___
5	Bonser, Alfie	15	Royal Wolv	32.03	___
6	Ma, Ko Kwan	15	Co Cardiff	32.42	___
7	Silverstone, Solomon	15	Pembs Cty	32.62	___
8	Bartram, Solomon	14	Bridgend Cty	32.82	___

**Alternates 14-15**

1	Grenardo, Sebastian	15	Okehampton	32.83	
2	Kershaw, Harvey	14	Mt Kelly	32.87	

**Heat 3 16-17 Finals Starts at 05:04 PM**

1	Darbey, Rhys	17	Nofio Clwyd	30.69	___
2	Magelinskas, Juozas	17	Mt Kelly	30.52	___
3	Grenardo, Alexander	17	Okehampton	29.84	___
4	James, Jack	17	Torfaen D	29.72	___
5	Sheppard, Rhydian	17	Co Cardiff	29.82	___
6	Davis, Benjamin	17	Mt Kelly	30.48	___
7	Clarke, Henry	17	Swansea Aq	30.64	___
8	Thomas, Lucas	16	Conwy	30.87	___

**Alternates 16-17**

1	Pugh, Morgan	17	Torfaen D	31.05	
2	Molyneux, Finley	16	Okehampton	31.27	

**Heat 4 Super Final Finals Starts at 05:05 PM**

1	Gillett, Oliver	17	Swansea Aq	29.55	___
2	Walford, Nathan	19	Swansea Uni	29.42	___
3	Lovell-Pascal, Jean-Luc	19	Swansea Uni	29.07	___
4	Anderson, Maxwell	19	Co Cardiff	28.91	___
5	Minshull, Callum	20	Swansea Uni	29.05	___
6	Larkin, Ryan	23	Swansea Uni	29.26	___
7	Sin, Yau Cheung	21	Devonport	29.49	___
8	Stratton, Joe	20	Swansea Uni	29.69	___

**Event 102 Women 12 & Over 50 SC Meter Breaststroke**

Lane	Name	Age	Team	Prelims	
<b>Heat 1 12-13 Finals Starts at 05:07 PM</b>					
1	Spence, Emilia	13	Co Birm'ham	36.36	___
2	Bruntlett, Amelie	13	Nuneaton	36.07	___
3	Dowling, Abigail	13	Co Cardiff	35.98	___
4	Neumann, Erin	12	Mt Kelly	35.28	___
5	Taffetsauffer, Isabella	13	Nofio S Gar	35.93	___
6	Surowaniec, Agatha	13	Co Hereford	36.00	___
7	Williams, Lucia	13	Kingston Roy	36.25	___
8	Galbraith, Evelyn	13	Haslemere	36.38	___

**Alternates 12-13**

1	Reasons, Darcy	12	Torfaen D	36.40	
2	Hill, Emma	13	Teddington	36.47	

**Heat 2 14-15 Finals Starts at 05:09 PM**

1	Andrews, Bella	14	Co Newport	34.86	___
2	Kugeler, Emma	15	Mt Kelly	34.67	___
3	Williams, Emilia	14	Guildford Ct	34.51	___
4	Neumann, Eva	14	Mt Kelly	33.94	___
5	Daw, Alexandra	15	Okehampton	34.23	___
6	Hudson, Victoria	15	Mt Kelly	34.55	___
7	Williams, Cari	15	Nofio Bangor	34.70	___
8	Daniel, Megan	14	Caradon	34.97	___

**Alternates 14-15**

1	Matthews, Elin	14	Co Cardiff	35.06	
2	Flanagan, Evelyn	14	Co Liverpool	35.07	

**Heat 3 16-17 Finals Starts at 05:11 PM**

1	Dunn, Olivia	16	Mt Kelly	35.97	___
2	Owen, Kessie	16	Neath	35.49	___
3	Smith, Amelia	16	Co Cardiff	35.21	___
4	Morgan, Carys	16	Millfield	33.90	___
5	Salmon, Gwen	17	Rct Squad	34.80	___
6	Robinson, Scarlett	16	Copeland	35.42	___
7	Matthews, Lucy	17	Team Bath AS	35.84	___
8	Lewis, Cara	17	Bridgend SC	36.04	___

**Alternates 16-17**

1	Holt, Ava	17	Teddington	36.27	
2	Gibbs, Harriet	16	Nofio S Gar	36.51	

**Heat 4 Super Final Finals Starts at 05:13 PM**

1	Huellou, Claire	19	Swansea Uni	33.53	___
2	Brassington, Sophie	18	Swansea Uni	33.44	___
3	Bissicks, Ella	17	Swansea Aq	33.13	___
4	Taylor, Theodora	15	Torfaen D	30.98	___
5	Crowley, Amy	19	Co Cardiff	32.26	___
6	Evans, Gwenllian	15	Co Cardiff	33.36	___
7	Beynon, Annaliese	24	Co Cardiff	33.48	___
8	Stoddart, Imogen	19	Co Cardiff	33.87	___

**Event 103 Men 12 & Over 400 SC Meter IM**

Lane	Name	Age	Team	Prelims	
<b>Heat 1 12-13 Finals Starts at 05:15 PM</b>					
1	Hayward, Harry	13	Nuneaton	5:32.94	___
2	Jones, Noah	13	Torfaen D	5:29.30	___
3	Staskus, Daniel	12	Teddington	5:25.20	___
4	Linge, Reece	13	EllesmereCSA	5:14.43	___
5	Weiland, Lennart	13	Teddington	5:18.54	___
6	Zaharewicz, Rhys	13	Teddington	5:26.73	___
7	Payne, Sebastian	13	Droitwich	5:32.48	___
8	Garnham, Sebastian	12	Teddington	5:36.51	___

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 3 (Warmup 3.35 - 4.35)

**Alternates 12-13...(#103 Men 12 & Over 400 SC Meter IM)**

1	Short, Harley	13	Mt Kelly	5:37.80	
2	Harvey, Hugo	13	Co Cardiff	5:39.50	

**Heat 2 14-15 Finals Starts at 05:22 PM**

1	Phillips, Finley	14	Nofio S Gar	4:58.15	___
2	West, Dexter	15	Pembs Cty	4:48.19	___
3	Adams, Fynn	15	Teddington	4:44.59	___
4	Edwards, Ross	15	Co Cardiff	4:40.67	___
5	Keers, Jack	15	Teddington	4:41.33	___
6	Bruntlett, Theo	15	Nuneaton	4:45.42	___
7	Thomas, Iolo	14	Neath	4:57.33	___
8	Bennett, Finley	15	Pembs Cty	5:01.04	___

**Alternates 14-15**

1	Trapp, William	14	Mt Kelly	5:03.42	
2	Meilleur, Elliot	14	NofioGwynedd	5:05.51	

**Heat 3 16-17 Finals Starts at 05:28 PM**

1					___
2					___
3					___
4	Evans, Ieuan	17	Conwy	4:51.33	___
5	Powell, Zachary	16	TauntonDeane	4:53.07	___
6					___
7					___
8					___

**Heat 4 Super Final Finals Starts at 05:35 PM**

1	Clegg, Luke	19	Swansea Uni	4:38.97	___
2	Kendrick, Elijah	20	Swansea Uni	4:35.39	___
3	Neaves, Archie	19	Swansea Uni	4:32.54	___
4	Kershaw, Charles	22	Swansea Uni	4:18.56	___
5	Arch, Rhydian	19	Co Cardiff	4:31.50	___
6	Gallagher, Reagan	18	TauntonDeane	4:34.61	___
7	Bamborough, Jack	16	Co Cardiff	4:38.95	___
8	Rescigno, Alberto	17	EllesmereCSA	4:39.13	___

**Event 104 Women 12 & Over 200 SC Meter Backstroke**

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

**Heat 1 12-13 Finals Starts at 05:41 PM**

1	Taffetsauffer, Isabella	13	Nofio S Gar	2:30.74	___
2	Fowkes, Amelia	13	Royal Wolv	2:30.35	___
3	Bennett, Isla	13	Co Cardiff	2:30.31	___
4	Prosser, Sofia	12	Torfaen D	2:24.71	___
5	Sweet-Roberts, Pip	12	Torfaen D	2:27.36	___
6	Hands, Ava	13	Nuneaton	2:30.35	___
7	Lewis, Harriet	12	Co Cardiff	2:30.44	___
8	Reed, Isabella	13	Co Cardiff	2:31.67	___

**Alternates 12-13**

1	Gregory, India	12	Mt Kelly	2:32.30	
2	Burns, Freya	13	Nofio S Gar	2:32.95	

**Heat 2 14-15 Finals Starts at 05:45 PM**

1	Watts, Olivia	15	EllesmereCSA	2:26.48	___
2	Anderson, Rosalie	14	Co Cardiff	2:24.78	___
3	Daniel, Megan	14	Caradon	2:23.72	___
4	Hall, Emily	14	Warrington W	2:22.76	___
5	Johnson, Erin	15	Nuneaton	2:23.34	___
6	Arnold, Jessica	14	Swansea Aq	2:24.41	___
7	James, Grace	15	Bridgend Cty	2:26.39	___
8	Wardell, Cari	15	Co Cardiff	2:27.37	___

**Alternates 14-15**

1	Hernandez Taylor, Ivy	15	Hackney	2:27.47	
---	-----------------------	----	---------	---------	--

**Heat 3 16-17 Finals Starts at 05:50 PM**

1	Darby, Daisy	16	Teddington	2:26.27	___
2	Blake, Emily	17	Co Cardiff	2:25.20	___
3	Holt, Ava	17	Teddington	2:23.28	___
4	Dacey, Mollie	16	Co Cardiff	2:21.95	___
5	Williams, Rose	16	Co Cardiff	2:23.22	___
6	Parfitt, Lucy	16	Co Cardiff	2:23.35	___
7	Salmon, Gwen	17	Rct Squad	2:25.79	___
8	Crumpler, Ellie	16	S Bournem'th	2:29.49	___

**Alternates 16-17**

1	Gregory, Mollie-Zena	16	S Bournem'th	2:32.25	
---	----------------------	----	--------------	---------	--

**Heat 4 Super Final Finals Starts at 05:54 PM**

1	Claxton, Autum	13	Mt Kelly	2:19.30	___
2	Nichols, Grace	14	Pembs Cty	2:18.35	___
3	Winstanley, Elin	15	Co Hereford	2:17.81	___
4	Major, Scarlet	21	Swansea Uni	2:12.60	___
5	Humphreys, Ffion	16	NofioGwynedd	2:14.20	___
6	Titchener, Megan	16	Torfaen D	2:18.07	___
7	Fox, Honor	17	Co Cardiff	2:18.60	___
8	Dwyfor-Clark, Efa	15	NofioGwynedd	2:20.31	___

**Event 105M Men 100 SC Meter Backstroke (MC Final)**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 1 Finals Starts at 05:59 PM**

1					___
2					___
3					___
4	O'Reilly, McKenzie	15	Torfaen D	NT	___
5					___
6					___
7					___
8					___

**Event 105 Men 12 & Over 100 SC Meter Backstroke**

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

**Heat 1 12-13 Finals Starts at 06:02 PM**

1	Gregory, Jaiden	13	Co Cardiff	1:09.02	___
2	Guest, James	13	Royal Wolv	1:07.36	___
3	Woodrow, Leo	13	TauntonDeane	1:06.22	___
4	Elmes, Max	13	Nofio S Gar	1:05.03	___
5	Linge, Reece	13	EllesmereCSA	1:05.84	___
6	Hernandez Taylor, Boaz	13	Hackney	1:06.57	___
7	Shillingford, Tait	13	Royal Wolv	1:07.78	___
8	Harwood, Jack	13	Pembs Cty	1:09.02	___

**Alternates 12-13**

1	King, Ethan	12	Penyrheol	1:09.34	
2	Staskus, Daniel	12	Teddington	1:11.35	

**Heat 2 14-15 Finals Starts at 06:06 PM**

1	Deacon, Cameron	14	Co Cardiff	1:02.81	___
2	Atherton, Morgan	15	Nuneaton	1:01.36	___
3	Foster, Henry	15	Redditch	1:00.82	___
4	Adams, Fynn	15	Teddington	1:00.11	___
5	West, Dexter	15	Pembs Cty	1:00.47	___
6	Edwards, Ross	15	Co Cardiff	1:00.95	___
7	Major, Maximus	14	Co Newport	1:02.73	___
8	Kershaw, Harvey	14	Mt Kelly	1:02.84	___

**Alternates 14-15**

1	Brinkworth, James	15	Caradon	1:03.00	
2	Mills, Ioan	15	Torfaen D	1:03.04	

## Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024

## Meet Program - Session 3 (Warmup 3.35 - 4.35)

**Heat 3 16-17 Finals (#105 Men 12 & Over 100 SC Meter Backstroke)**

1	Davies, Iwan	16	Co Cardiff	1:01.90	___
2	Brown, Layton	16	Nuneaton	1:01.21	___
3	Walker, Freddie	16	Gloucester	59.21	___
4	Jasinski, Hubert	17	Co Newport	58.96	___
5	Arnold, Jack	16	Swansea Aq	59.14	___
6	Southwood, Charlie	17	Torfaen D	1:00.06	___
7	Montague, Mason	16	Pembs Cty	1:01.62	___
8	Arch, Dewi	16	Northgate	1:02.29	___

**Alternates 16-17**

1	Rixon, Oliver	16	Co Newport	1:02.43	___
2	Hodges, Charlie	17	Mt Kelly	1:02.89	___

**Heat 4 Super Final Finals Starts at 06:12 PM**

1	Turner, Harry	25	Co Cardiff	57.26	___
2	Nikolaou, Antonio	21	Swansea Uni	56.63	___
3	John, Finlay	18	Bridgend Cty	55.22	___
4	Morgan, Dominic	19	Swansea Uni	53.85	___
5	Knight, Jack	21	Co Cardiff	54.85	___
6	Rodriguez, Antonio	20	Swansea Uni	56.23	___
7	Lee, Ethan	18	Bath Univ	56.96	___
8	McCarthy, Benedict	15	Co Cardiff	57.30	___

**Event 106M Women 100 SC Meter Freestyle (MC Final)**

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

**Heat 1 of 1 Finals Starts at 06:15 PM**

1					___
2					___
3	%French, Eva X S10	17	Nuneaton/1, 3, 5	NT	___
4	%Williams, Rose X S14	16	Co Cardiff	NT	___
5	%Willis, Meghan X S9	17	Torfaen D/1, 3, 5	NT	___
6	%Trevor, Caitlin X S14	21	Kingston Roy	NT	___
7					___
8					___

**Event 106 Women 12 & Over 100 SC Meter Freestyle**

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

**Heat 1 12-13 Finals Starts at 06:18 PM**

1	Mason, Eliza	13	EllesmereCSA	1:02.53	___
2	Gregory, India	12	Mt Kelly	1:02.19	___
3	Hill, Emma	13	Teddington	1:01.00	___
4	Claxton, Autum	13	Mt Kelly	59.65	___
5	Spence, Emilia	13	Co Birm'ham	59.79	___
6	Sweet-Roberts, Pip	12	Torfaen D	1:01.39	___
7	Williams, Lucia	13	Kingston Roy	1:02.45	___
8	Lewis, Harriet	12	Co Cardiff	1:02.82	___

**Alternates 12-13**

1	Galdes Cutting, Daisy	13	Pembs Cty	1:02.84	___
2	Galbraith, Evelyn	13	Haslemere	1:03.08	___

**Heat 2 14-15 Finals Starts at 06:20 PM**

1	Geach, Libbie	15	Neath	59.98	___
2	Vellaud, Hermance	15	Mt Kelly	59.16	___
3	Nichols, Grace	14	Pembs Cty	58.86	___
4	Sherrard, Emme	15	Torfaen D	58.17	___
5	Winstanley, Elin	15	Co Hereford	58.58	___
6	Hall, Emily	14	Warrington W	59.06	___
7	Schumm, Libby	15	Torfaen D	59.77	___
8	Griffiths, Cerys	14	Pembs Cty	1:00.08	___

**Alternates 14-15**

1	Neumann, Eva	14	Mt Kelly	1:00.10	___
---	--------------	----	----------	---------	-----

**Heat 3 16-17 Finals Starts at 06:23 PM**

1	Tucker, Holly	16	Swansea Aq	1:00.17	___
2	Dacey, Mollie	16	Co Cardiff	1:00.08	___
3	Morgan, Carys	16	Millfield	59.83	___
4	Fox, Honor	17	Co Cardiff	57.79	___
5	Humphreys, Ffion	16	NofioGwynedd	58.20	___
6	Deakin, Ellena	16	Teddington	1:00.03	___
7	Robinson, Scarlett	16	Copeland	1:00.14	___
8	Kroenert, Viktoria	17	Mt Kelly	1:00.30	___

**Alternates 16-17**

1	Grant, Lucy	17	Co Newport	1:00.63	___
2	Darby, Daisy	16	Teddington	1:00.66	___

**Heat 4 Super Final Finals Starts at 06:25 PM**

1	Jones, Isabella	19	Nofio S Gar	57.10	___
2	Broder, Libby	18	Co Cardiff	55.97	___
3	Major, Scarlet	21	Swansea Uni	55.69	___
4	Taylor, Theodora	15	Torfaen D	54.55	___
5	Sutton, Rebecca	23	Swansea Uni	55.41	___
6	Woodcock, Hannah	20	Swansea Uni	55.80	___
7	Dickinson, Jessica	19	Swansea Uni	56.29	___
8	Croke, Carys	17	Torfaen D	57.18	___

**Event 107M Men 200 SC Meter Freestyle (MC Final)**

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

**Heat 1 of 1 Finals Starts at 06:27 PM**

1					___
2					___
3					___
4	%Broom, Dylan X S14	22	Swansea Uni	NT	___
5					___
6					___
7					___
8					___

**Event 107 Men 12 & Over 200 SC Meter Freestyle**

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

**Heat 1 12-13 Finals Starts at 06:32 PM**

1	Castillo, Airam	13	Co Cardiff	2:12.66	___
2	Burnell, Rory	13	Mt Kelly	2:12.03	___
3	Elmes, Max	13	Nofio S Gar	2:11.81	___
4	Duggan, Elliot	13	Bridgend Cty	2:11.07	___
5	Staskus, Daniel	12	Teddington	2:11.73	___
6	Woodrow, Leo	13	TauntonDeane	2:11.87	___
7	Davies, Callum	13	Okehampton	2:12.14	___
8	Guest, James	13	Royal Wolv	2:12.67	___

**Alternates 12-13**

1	Han, Nathan	13	Kingston Roy	2:14.63	___
2	Murphy, Heath	13	Nuneaton	2:14.64	___

**Heat 2 14-15 Finals Starts at 06:35 PM**

1	McCarthy, Benedict	15	Co Cardiff	2:01.10	___
2	Keers, Jack	15	Teddington	2:00.32	___
3	Twigger, Owen	15	Swansea Aq	1:59.39	___
4	Silverstone, Solomon	15	Pembs Cty	1:58.83	___
5	Major, Maximus	14	Co Newport	1:59.20	___
6	Willis, Kofi	15	Co Cardiff	2:00.04	___
7	Bruntlett, Theo	15	Nuneaton	2:00.40	___
8	Morgan, Charlie	14	Teddington	2:02.18	___

**Alternates 14-15**

1	Williams, Owen	15	Mt Kelly	2:02.61	___
2	Adams, Fynn	15	Teddington	2:02.81	___

**Swim Wales Winter Championships 2024 - 05/12/2024 to 08/12/2024****Meet Program - Session 3 (Warmup 3.35 - 4.35)****Heat 3 16-17 Finals (#107 Men 12 & Over 200 SC Meter Freestyle)**

1	Ellis-Sixsmith, Lucas	17	Nofio Clwyd	1:55.42	___
2	Owen, Vinnie	16	Co Cardiff	1:54.36	___
3	Prysor, Sami	17	EllesmereCSA	1:53.54	___
4	Gillett, Oliver	17	Swansea Aq	1:52.38	___
5	Bamborough, Jack	16	Co Cardiff	1:52.95	___
6	Galant Draysey, Lucas	16	Teddington	1:54.23	___
7	McKean, Angus	17	Mt Kelly	1:54.44	___
8	Davis, Benjamin	17	Mt Kelly	1:55.43	___

**Alternates 16-17**

1	Edwards, Dion	17	NofioGwynedd	1:56.17	
2	Rescigno, Alberto	17	EllesmereCSA	1:57.15	

**Heat 4 Super Final Finals Starts at 06:42 PM**

1	Burns, Harry	19	Bath Univ	1:50.85	___
2	Braddock, Patrick	20	Swansea Uni	1:50.07	___
3	Geysen-Holley, Max	19	Co Cardiff	1:49.80	___
4	Jones, Dan	28	Swansea Uni	1:47.41	___
5	Armon, Jacob	21	Swansea Uni	1:49.30	___
6	Trebilcock, Thomas	21	Swansea Uni	1:49.87	___
7	Williams, Josh	22	Swansea Uni	1:50.41	___
8	O'Brien, Joshua	19	Co Cardiff	1:51.00	___